

Blueberry Crumble

SIMPLE RECIPE

Ingredients

Blueberry Base

- 3 cups frozen blueberries
- 1 tsp flour
- Juice of 1/2 a lemon

Topping

- 1 cups rolled oats
- 1 cup flour
- 1/2 cup maple syrup
- 1/8 cup coconut oil

Directions

1. Preheat oven to 350.
2. Add blueberries, flour, and lemon juice into a baked dish and mix.
3. In a separate bowl, combine oats, flour, maple syrup, and coconut oil
4. Add oat mixture on top of the blueberry base. Make it compact for the best crispy topping.
5. Once oven is preheated, bake for 45 minutes.

Use

Top with ice cream for a delicious dessert or with Greek yogurt for tasty breakfast!

